



## BIKE TO THE BAY RIDE 2017

**MSCYCLING.ORG /// 1-800-445-BIKE**

Visit **our website** and **check your email** for up-to-date information about weather and other weekend details.

## RIDER NUMBER PICK-UP

All cyclists need a rider number to participate. To receive a rider number we must have your \$300 required minimum donation and signed waiver/safety pledge (completed during registration). **If you have your rider number, you do not need to check in.** If you need a rider number, you may pick it up at your start location ride morning.

> **VIP AREA:** If you have raised \$1,000 or more, pick up your rider number, jersey and credentials (if not already received). 2016 VIPs pick up your gold rider number here

> **EMERGENCY CONTACT:** Please complete the emergency contact info on the back of your rider number

## DIRECTIONS

## 20-Mile Cyclist

### Start:

#### Uncle Ted's Rest Stop

**26077 Cave Neck Rd, Milton, DE 19968**

> Check-in starts at 12:30pm. This ride will kick off at 1:00pm SHARP. All cyclists must be on the road by 1:00pm

## 50-Mile Cyclist

### Start

**Lake Forest Central Elementary School Rest Stop**  
**5424 Killens Pond Road, Felton, DE 19943**

> Check-in starts at 10:30am. This ride will kick off at 11:00am SHARP. All cyclists must be on the road by 11:00am

## 75&100 -Mile Cyclist

### Start

#### DelTech Terry Campus

**100 Campus Drive, Dover, DE 19904**

*Participants traveling southbound on Route 1 (from Wilmington/Newark area) are advised to take exit 114-South Smyrna and continue traveling south on Rt. 13 in the right lane*

> **Rider Number Pick Up: 6:00am**

> **Ride Kick Off: 7:00am**

> **Official Start: 7:15-8:00am**

> Led by Top 2016 Fundraising Team, Mt. Vernon Trail Blazers, all cyclists will be released in waves.

**All cyclists must be on the road by 8:00am**

Cyclists arriving late will be bused to the first rest stop after checking in. No exceptions

> **VIP Parking:** VIP Parking area is available to all cyclists who have raised \$1,000. **Stay to the right** when arriving at DelTech and show your orange VIP wristband to parking volunteers

> **Attention Century Cyclists:** No cyclists will be permitted to enter the Century Loop after 2:30pm. The century breakoff is at 63.9 miles

> **Teams:** Get your team photo taken in front of the new Bike MS back drop and drop off your team jersey for the Team Jersey Contest at the Team Photos area

## SUNDAY DETAILS

> Route opens at 7:00am

> All cyclists must be on the road by 8:00am. Cyclists arriving late will be bused to the first rest stop, no exceptions

- > A continental style breakfast will be available at the Saturday finish line from 6:00-7:30am. If you wish to depart from your hotel Sunday morning, these items will also be available at the first rest stop.
- > Hotel Shuttles & Transportation back to your start location: see Finish Line info on next page.

## ROUTE & REST STOPS:

### NEW THIS YEAR

- > Follow the **ORANGE** road markings for the 75, 50, and 20 mile route options.
- > Please note: Bike MS and the Dewey Goes Pink 5k/10k coincide on Saturday. Although very minimal runner and cyclist crossover is anticipated, cyclists are advised to be alert and aware of the traffic pattern, and encouraged to follow appropriate directional signs. Crossover of routes will occur at miles 67-70 on the 75 mile route, miles 93-96 on the 10 mile route, miles 43-46 on the 50 mile route and miles 13-16 on the 20 mile route.
- > Follow the **WHITE** road markings if you plan to ride the Century Route (100 miles).
- > **As always...**
  - » Route is fully supported and stocked with plenty of food. Please welcome the Sleepy Tooth Group as their first year sponsoring the Ellendale Rest Stop.

## SAFE & COURTEOUS CYCLING REMINDERS

- » Rest stops are located every 10-15 miles.
- » Personal SAG vehicles, bicycle tagalongs, trailers and carriers are not permitted on the route.
- » Rest stops are open to cyclists and authorized Bike MS vehicles only.

> **Helmets are required** > **Bike to the Bay is a cup-free event.** You must have a water bottle.

> **In a medical emergency, dial 911**

> **Ride responsibly.** With 1,000 cyclists on the road during Bike to the Bay, all with a variety of skill levels, it's important to know how to ride safely and courteously in a large group. It's up to you to be responsible and courteous to cyclists on the road.

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|--|---|
| » Use verbal and hand signals  | » Obey all traffic laws                             |
| » Never ride more than two abreast   | » Avoid riding in pacelines                         |
| » Never cross the yellow line  | » Never use a cell phone or headphones while riding |
| » At intersections, stay in the correct lane & stay to the right of all cars | » Look before passing other cyclists                |

## SUGGESTED PACKING LIST

Be prepared for rain or shine, warm or cool and bring appropriate clothing. We ride rain or shine. Plus, don't forget the following:

- |                    |                            |
|--------------------|----------------------------|
| » Water bottle     | » ID Card/Driver's License |
| » Pump & Patch Kit | » Sunglasses               |
| » Sunscreen        | » Lip Balm                 |

### CLOSING TIMES

#### Century Closing: 2:30pm

The century route loop, located at mile 63.9, will close at 2:30pm. No cyclists will be permitted onto the century route after this time.

#### Route Closing: 5:00pm

The Bike MS route will close at 5:00pm each day. We will make every effort to work with you to complete the ride. All cyclists on the road after 5:00pm must take a SAG to the finish line.

# FINISH LINE

## Delaware Seashore State Park

### South Inlet (SIDA) Lot at the Indian River Inlet (Bethany Beach)

Note: 27099 Coastal Hwy, Bethany Beach, DE 19930. Visit the website for a link to the finish line site.

- > **Finish Line Party:** After crossing the finish line to the cheers of spectators, you and your loved ones are invited to join our celebration featuring a live band and the renowned Team Village festivities. Plus collect your commemorative T-shirt and pin, receive a massage and much more!
- > **Finish Line Food & Refreshments:** A variety of snacks and drinks will be available to CYCLISTS throughout the day. Big Chill Beach Club will be on site providing food. SPECTATORS can purchase food at the Taco Reho food-truck on site.
- > **Team Village:** Located at the hub of the finish line, the Team Village is an opportunity for team members to gather together, share stories from the day, and celebrate successes. Ask your team captain if they reserved a space this year. Reference the Team Village Guide, in the Captain Resources tab on the Teams page, for details and requirements.  
**Team Captains** are responsible for the activities in and around their respective team sites. Delaware Seashore State Park allows alcohol on premises during the Bike to the Bay event. All Delaware state laws regarding sale, distribution and consumption of alcohol are to be strictly adhered to during this event. This includes, but not limited to the sale of any alcoholic beverage, distribution of alcohol in return for a cash donation or consumption by minors. Delaware Seashore State Park Officers will be on the premises and will take any enforcement action they deem necessary

## SEE MAPS ON REVERSE

- > **Bike Parking:** Temporary bike parking is available throughout the day, thanks to local presenting sponsor Discover Bank. Secure overnight parking is available at 6:00pm Saturday, for those taking the hotel shuttle. All will be handled and stored with care
- > **Hotel Shuttles:** Shuttle service is provided free of charge for cyclists Saturday until 7:00pm and Sunday from 6:00-8:00am to and from the finish line to all hotels listed on the Bike to the Bay website. Cyclists have two shuttle options on Saturday  
**Saturday Option 1:** You may leave your bike in overnight bike parking and take the shuttle directly to the hotel (bikes are not permitted on this shuttle)  
**Saturday Option 2:** If you wish to ride your bike back to your hotel, a shuttle + truck will be available to transport you and your bike up the road and over the bridge to the Towers Ocean Lot. You can ride from there to your hotel
- > **Luggage Delivery Service:** In addition to transporting luggage to the finish line, if you are staying at any of the hotels on the Bike to the Bay website, we will drop your bag off at your hotel for you! Prior to loading your luggage onto the truck ride morning, attach the appropriate color yarn to your bag, letting us know where you would like it delivered  
*\* Service is only available for those starting from the 75/100- Mile DelTech Campus location. Those starting from the 50 or 20 mile starts, your luggage will be delivered to the Saturday finish line*
- > **Transportation Back to Starts:** Return transportation to start locations is provided for cyclists, luggage and bicycles on **Saturday at 6:00pm**. Transportation will be provided to the DelTech Campus start **ONLY on Sunday at 8:00am sharp**. Please sign up for the Sunday shuttle on Saturday at the General Information & Housing tent. No shuttles will be provided to the 20-mile or 50-mile start locations on Sunday

## FINISH LINE PARKING

**Spectator Parking** will be available free of charge to spectators on a first come, first serve basis in three lots: South Inlet (SIDA) Lot - at the finish line, North Inlet Lot and Towers Ocean Lot. Follow Bike MS signs and volunteer directions for available parking. Shuttles will run frequently to and from the finish line (SIDA lot) and alternate parking lots. We appreciate your patience. Please thank our volunteers who are driving you!

Accessible parking is available in the South Inlet (SIDA) Lot at the finish line.

### Overview Map\*



### Seashore State Park Finish Area Map\*

